

Rc Red Cafe

Our Menu Items Are Prepared in Kitchens That Use Soy, Gluten, Dairy, Eggs, Fish, Nuts. Please Ask Our Team For More Information & Guidance E&OE



Breakfast

Yoghurt Cup Small 250 ml 20	Bacon Roll 22
vanilla yoghurt	crispy bacon and creamy mayo served on white or whole wheat seeded bun
Small Fruit Cup 20	add egg 5
assorted freshly cut seasonal fruit	Creamy Oats 30
Muesli & Yoghurt Cup Small 250ml 30	creamy oats topped with caramelized banana and honey
muesli layered with vanilla yoghurt and topped with honey.	Avo on Rye 35
Muesli & Yoghurt Cup Large 350ml 35	fresh avocado served on fresh rye bread topped with lemon juice
muesli layered with vanilla yoghurt and topped with honey.	add egg 5 add bacon 10
Classic Breakfast 35	Breakfast Wrap 38
crispy bacon, freshly grilled tomato, 2 eggs and a choice of white or whole wheat bread	crispy bacon, scrambled egg, creamy mayo and grilled tomato

Sandwiches

Cheese 20	Chicken Mayo 20
grated mozzarella served on white or whole wheat bread	finely chopped chicken and creamy mayo served on white or whole wheat bread
Cheese & Tomato 22	Bacon & Egg 23
grated mozzarella with freshly cut tomato served on white or whole wheat bread	crispy bacon & egg served on white or whole wheat bread
Cheese & Hickory Ham 28	Bacon & Cheese 28
grated mozzarella and a slice hickory ham served on white or whole wheat bread	crispy bacon & grated mozzarella served on white or whole wheat bread
Cheese, Hickory Ham & Tomato 30	BLT Sandwich 38
grated mozzarella, a slice hickory ham & freshly cut tomato served on white or whole wheat bread	crispy bacon, freshly cut iceberg lettuce, freshly cut tomato & creamy cajun mayo served on 3 slices white or whole wheat bread
Club Sandwich 40	
cajun chicken breast, crispy bacon, egg, freshly cut iceberg lettuce, tomato & creamy cajun mayo served on 3 slices white or whole wheat bread	

Add R3 for Rye Bread

Folda

Cajun Chicken Folda 42	Cajun Chicken & Bacon Folda 42
cajun chicken strips with freshly cut ice berg lettuce, tomato, grated mozzarella served with cajun mayo	cajun chicken strips & crispy bacon with freshly cut ice berg lettuce, tomato, grated mozzarella served with cajun mayo
Crispy Bacon & Feta Folda 42	Chicken Prego & Onion Folda 42
crispy bacon & feta with freshly cut ice berg lettuce, tomato, grated mozzarella served with creamy mayo	cajun chicken strips & caramelised onion with freshly cut ice berg lettuce, tomato, grated mozzarella served with cajun mayo

Our Signatory Toasted Foldovers

Trams

Cheese 39	Chicken Mayo 39
grated mozzarella evenly spread	finely chopped chicken served with creamy mayo and grated mozzarella
Cheese & Tomato 40	Bacon & Feta 42
grated mozzarella and freshly cut tomato slices	finely chopped crispy bacon served with feta and grated mozzarella
Chicken Prego & Onion 42	
cajun chicken served with caramelized onion and grated mozzarella topped with prego sauce	

Salads

Choose your base	
Deconstructed Base iceberg lettuce, cucumber, carrot sticks, tomato, red cabbage & corn	Pasta Base rosmarino pasta & peppers
Cajun Chicken Bowl 32	Sticky Chicken & Pine Bowl 34
cajun chicken strips served with creamy cajun mayo	cajun chicken strips and pine served with bbq dressing
Butternut, Feta & Sesame Seeds Bowl 34	Grilled Haloumi Bowl 39
roasted butternut, feta & sesame seeds served with italian dressing	grilled haloumi fingers served with creamy cajun mayo
Crispy Bacon & Feta Bowl 39	Cajun Chicken & Bacon Bowl 39
crispy bacon and danish feta served with italian dressing	cajun chicken strips and crispy bacon served with italian dressing

Pasta

Napolitana pasta 27	Chicken Alfredo pasta 30
saucy italian napolitana penne pasta	cajun chicken strips served with creamy penne pasta

Grills

Health Roll 15	Chicken Hot Dog 20
freshly cut iceberg lettuce, cucumber, tomato with creamy mayo served on a seeded bun	chicken vienna served on a fresh hot dog bun with a selection of sauces (NO BUTTER UNLESS YOU ASK)
Small Chicken Burger 20	Chicken Burger 32
grilled chicken breast with freshly cut iceberg lettuce and creamy mayo served on a seeded bun	grilled chicken breast with freshly cut iceberg lettuce, tomato, grilled onion and creamy mayo served on a seeded bun
Vegetrian Burger 35	Beef Burger 35
veg patty with freshly cut iceberg lettuce, tomato, grilled onion and creamy mayo served on a seeded bun	100% pure beef patty with freshly cut iceberg lettuce, tomato, grilled onion and bbq basting served on a seeded bun
add haloumi and avo 22	Small Chips 15
Small Chicken Strips 25	Large Chips 20
chicken strips served with a selection of sauces	fried chips served with a selection of sauces
Large Chicken Strips 35	
chicken strips served with a selection of sauces	

Wraps

Small Wraps	
Choose your base	
Standard Base iceberg lettuce	Pasta Base rosmarino pasta
Small Cheese and Tomato Wrap 30	Small Health Wrap 32
grated mozzarella cheese and tomato served with creamy mayo	grated mozzarella with freshly cut tomato, cucumber & carrots served with creamy mayo
Small Chicken Wrap 30	Small Chicken Mayo Wrap 30
grilled cajun chicken strips served with creamy mayo	chopped cajun chicken served with creamy mayo
Gourmet Wraps	
Choose your base	
Standard Base iceberg lettuce, tomato and carrots	Pasta Base rosmarino pasta
Butternut, Feta & Sesame Wrap 37	Cajun Chicken Wrap 35
roasted butternut & sesame seeds served with creamy mayo	cajun chicken strips served with cajun mayo
Sticky Chicken & Pine Wrap 35	Health Wrap 38
cajun chicken strips and pine served with bbq sauce	grated mozzarella with danish feta, white onion, cucumber served with creamy mayo
Crispy Bacon & Feta Wrap 38	Sweet Chilli Chicken Bite Wrap 40
crispy bacon with danish feta served with creamy mayo	chicken bites served with sweet chilli sauce
Grilled Haloumi Wrap 40	Mozzarella & Tomato Wrap 38
grilled haloumi fingers served with creamy cajun mayo	grated mozzarella with freshly cut tomato served with creamy mayo
Cajun Chicken & Bacon Wrap 40	
cajun chicken strips and crispy bacon served with creamy cajun mayo	

Hot Bev

Espresso Single 16	Green Tea 14
Americano 18	Hot Chocolate 16
Cappuccino 22	Caffe Mocha 24
Red Cappuccino 22	Chai Latte 24
Tea Five Roses / Rooibos 13	

Smoothies

Green Monster Smoothie 28	Mango Frappe 25
Vitamin C Smoothie 28	Mixed berry Frappe 25
Mixed Berry Smoothie 28	Cappuccino Frappe 28
Mango Honey Smoothie 28	
Cappuccino Smoothie 28	

