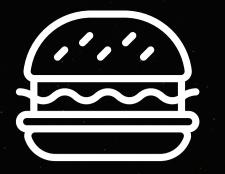
Our Menu Items Are Prepared in Kitchens That Use Soy, Gluten, Dairy, Eggs, Fish, Nuts.
Please Ask Our Team For More Information & Guidance E&OE

34

20





30

35

38

Breakfast

Sandwiches

22

Chicken Mayo

finely chopped chicken and creamy mayo

Add R3 for Rye Bread

served on white or whole wheat bread

Chicken Alfredo pasta

cajun chicken strips served with creamy penne

Yoohurt Cup Small 250 ml vanilla yoghurt

Small Fruit Cup 👽 assorted freshly cut seasonal fruit

Cheese V

Cheese & Tomato •

on white or whole wheat bread

Napolitana pasta 🛡

saucy italian napolitana penne pasta

bread

Muesli & Yoghurt Cup Small 250ml 30 muesli layered with vanilla yoghurt and topped with

Muesli & Yoghurt Cup Large 350ml 35 muesli layered with vanilla yoghurt and topped with

orated mozzarella served on white or whole wheat

grated mozzarella with freshly cut tomato served

Creamy Dats 🛡

creamy oats topped with caramelized banana and honev

Avo on Rye 🛡

fresh avocado served on fresh rye bread topped with lemon juice add egg

Trams

Cheese 🛡

grated mozzarella evenly spread

Cheese & Tomato 👽

grated mozzarella and freshly cut tomato slices

Chicken Mayo

finely chopped chicken served with creamy mayo and grated mozzar<u>ella</u>

Chicken Prego & Onion cajun chicken served with caramelized onion and grated mozzarella topped with prego sauce

Wraps

Small Wraps

Choose your base

Pasta Base rosmarino pasta

iceberg lettuce Small Cheese and Tomato Wrap • 30 Small Health Wrap • grated mozzarella cheese and tomato served with

Standard Base

creamy mayo Small Chicken Wrap grilled cajun chicken strips served with creamy mayo grated mozzarella with freshly cut tomato, cucumber & carrots served with creamy mayo

Small Chicken Mavo Wrap chopped cajun chicken served with creamy mayo

Gourmet Wraps

Cajun Chicken Wrap

Salads

Choose your base

Deconstructed Base iceberg lettuce, cucumber, carrot sticks, tomato, red cabbage & corn

Caiun Chicken Bowl

20

30

42

cajun chicken strips served with creamy cajun mayo Butternut, Feta & Sesame Seeds Bowl ©34

roasted butternut, feta & sesame seeds served with italian dressing

Pasta Ba<u>se</u> rosmarino pasta & peppers

Sticky Chicken & Pine Bowl cajun chicken strips and pine served with bbg

Grilled Haloumi Bowl 🛡 39 grilled haloumi fingers served with creamy cajun

Choose your base

icebero lettuce, tomato and carrots Butternut, Feta & Sesame Wrap 37 roasted butternut & sesame seeds served with

Sticky Chicken & Pine Wrap cajun chicken strips and pine served with bbg sauce

Grilled Haloumi Wrap 🖤 grilled haloumi fingers served with creamy cajun

Pasta Base rosmarino pasta

cajun chicken strips served with cajun mayo Health Wrap 👽 grated mozzarella with danish feta, white onion, cucumber served with creamy mayo

Sweet Chilli Chicken Bite Wrap chicken bites served with sweet chilli sauce Mozzarella & Tomato Wrap 👽 38 grated mozzarella with freshly cut tomato served

Grills

25

35

Health Roll 🛡 freshly cut iceberg lettuce, cucumber, tomato with creamy mayo served on a seeded bun

Small Chicken Burger grilled chicken breast with freshly cut iceberg lettuce and creamy mayo served on a seeded bun

Vegetrian Burger 🛡 veg patty with freshly cut iceberg lettuce, tomato grilled onion and creamy mayo served on a seeded bun

add haloumi and avo 22 **Small Chicken Strips** chicken strips served with a selection of sauces

Large Chicken Strips chicken strips served with a selection of sauces Chicken Hot Dog chicken vienna served on a fresh hot dog bun with a selection of sauces (NO BUTTER UNLESS YOU ASK) Chicken Burger

grilled chicken breast with freshly cut iceberg lettuce, tomato, grilled onion and creamy mayo served on a seeded bun Beef Burger

oven baked chips served with a selection of sauces

35 100% pure beef patty with freshly cut iceberg lettuce, tomato, grilled onion and bbq basting served on a seeded bun Small Chips • oven baked chips served with a selection of sauces

Look Out For In Store Specials

Large Chips 🖤

www.red-cafe.co.za

Hot Bev

	250ml		250ml
Espresso Single	16	Green Tea	14
Americano	18	Hot Chocolate	16
Cappuccino	22	Caffe Mocha	24
Red Cappuccino	22	Chai Latte	24
Tea Five Roses / Rooibos	13		

Smoothies

	250ml 350ml		250ml 350ml
Green Monster Smoothie	28 33	Mango Frappe	25 30
Vitamin C Smoothie	28 33	Mixed berry Frappe	25 30
Mixed Berry Smoothie	28 33	Cappuccino Frappe	28 33
Mango Honey Smoothie	28 33		
Cannuccion Smoothie	78 33		



Pasta

Cajun Chicken Folda cajun chicken strips with freshly cut ice berg lettuce,

tomato, grated mozzarella served with cajun mayo

Chicken Prego & Onion Folda

cajun chicken strips & caramelised onion with freshly cut ice berg lettuce, tomato, grated mozzarella

Our Signature Toasted Foldovers





